



# ACTIVATE FOOTBALL

**YEARS 7-10**

**WEDNESDAY EVENINGS - 5-6pm**

**2nd Nov 2022 - 8th Feb 2023**

**13 SESSIONS TOTAL**

- **FREE DROP-IN SESSIONS**
- **DELIVERED BY FA QUALIFIED COACHES**
- **NO NEED TO REGISTER**

*An enjoyable and competitive football session for year 7-10 students involving many small sided games. Encouraging young people to stay active and make friends whilst developing football skills*

**GROVEHILL 3G FOOTBALL PITCH**

Redbourn Road, Hemel Hempstead HP2 7BA

**Sunnyside**  
Rural Trust

**HCF**  
Hertfordshire Community Foundation

**APEX**  
IN THE COMMUNITY 